



Friends of African Nursing  
Annual Report 2022

June 2023

## **Welcome**

This is the nineteenth Annual Report by Friends of African Nursing. Its' purpose is to communicate with you as to whether we are meeting our charitable objectives and to be accountable to all those who support and assist us to achieve them.

2022 continued to be for us, a tricky year, as for many charities and foundations, struggling to meet their objectives due to the pandemic. From that perspective, we do not have a great deal to report to you and it is to be hoped that we can continue to deliver education to nurses in Africa at some point in the near future. Many nations in Africa, are still working on their vaccination programme and while they have not suffered devastating numbers of Covid-19 cases, as they shut down very early; the Health Ministries are very busy with vaccinating their populations.

Kate Woodhead

Chair of Trustees

## **What we do**

We work in eleven countries in Africa, delivering education, organised with and through the Ministries of Health. Most of our delegates are working in the Operating Theatres so we seek to help them to understand some of the complexities of perioperative care and the rationale for different aspects of patient safety. Many have never had the opportunity to learn the basics or received any specific education on the subject. We focus on risk management, patient care, infection prevention and teamwork. We supplement the face-to-face education with on-line offerings and communicate with our students via Clinical Ambassadors and directly. We love having students in front of us as they are such keen learners, asking many questions – skewing our timings-frequently!

## **In brief**

In 2022 we were unable to make any visits to Africa but instead decided that we could meet our charity objectives by running one day conferences and

master classes for potentially a broader selection of students if we got the marketing right. In June we had more than 150 delegates register for the event. There were three African speakers, three from the UK and one from Canada. We held a further conference in October, which we managed ourselves on Zoom, as the cost of having professionals managing our conferences became too expensive. The conference evaluated very well although we were disappointed with the numbers attending on the day.

We have continued to work on updating charity documents and have used the time usefully to review and refresh the Terms of Reference of the charity. We have continued to update our on-line education modules and changes made if necessary. It is hoped that the Webmaster may be able to make a direct link from our website to the platform where they are held at present.

We have met monthly as a group of trustees to ensure that the business of the charity continues and that we each report to each other, the activity we have been involved with.

The Faculty of Kings College London donated a huge number of books to FoAN from their Nursing Library – many of which appeared to be almost new. Some which were unsuitable for our nurses were sent to a UK charity who send books to African universities. We will distribute the books by whatever means we can, either by taking them with us when we travel or sending boxes by post.

Membership Newsletters have been sent twice during the year.

Members and patrons continue to support us financially, which is most helpful, and we are endlessly grateful for their loyalty and continued assistance.

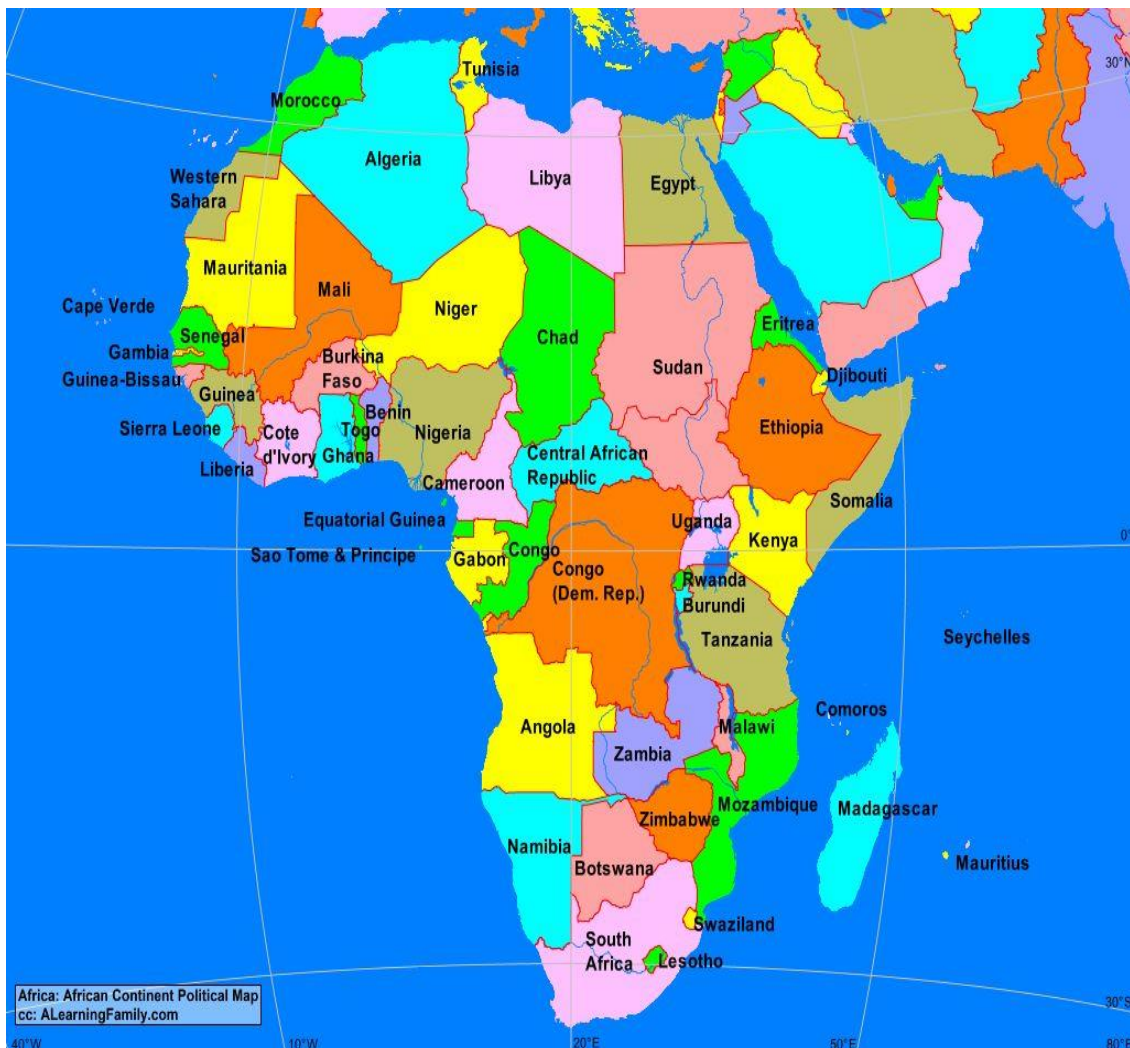
### **Our charitable objectives**

- To develop, maintain and run an effective charity to support FoAN activities
- To provide international nursing expertise at practical, academic and management level to support government health strategies.
- To develop nursing programmes in conjunction with African Ministries of Health to assist national health agendas, institutional plans and personal professional development.

- To work with national and specialist nursing organisations and interest groups.
- To provide focused expertise to perioperative nurses, developing individuals, teams and potential leaders.
- To provide a conduit for ethical donations of educational material and clinical equipment for operating theatre practice.

### Countries where we have worked.

Uganda, Zambia, Kenya, Ethiopia, Botswana, Tanzania, Ghana, Malawi. The Seychelles, Lesotho and Rwanda.



## The team of trustees



**Kate Woodhead – FoAN Chair and Co-Founder.** Kate works independently as a healthcare consultant, having more than 40 years in perioperative care as a practitioner and manager in NHS and managing her own business. She is a former President of the International Federation of Perioperative Nurses (2002-2006) and a previous Chairman of the National Association of Theatre Nurses (1998-2001). She worked with The World Health Organisation on Safe Surgery Saves Lives Campaign. She has led FoAN as Chair of Trustees since 2003.



**Dot Chadwick – FoAN Trustee** Dot has worked in the perioperative environment for many years, undertaking clinical, managerial and educational roles. She has worked in an educational role most recently and is an important advisor to the

charity on the topic. Dot was latterly appointed and worked as a Specialist Advisor for the Care Quality Commission, inspecting Operating Theatres around England. She is an active member of the Association of Perioperative Practice and a Past Officer of the Association.



### **Mona Guckian Fisher FoAN Trustee**

Mona is the immediate past President of the International Federation of Perioperative Nurses (IFPN) (2018-2021), and a former president of the UK Association for Perioperative Practice (AfPP); and has been involved in the delivery of perioperative services for over 40 years. She has served on the board of the European Operating Room Nurses Association (EORNA) 2013-2017 and IFPN 2014-2017.

She has travelled both to India and Africa promoting standardised practice, teamwork, and patient safety in the multidisciplinary theatre team. Mona received the AfPP Award of Merit 2017 in recognition of her services to perioperative practice and patient safety.



### **Sandra Pryme Foan Trustee**

Sandra did her initial nurse training in New Zealand and has thirty years' experience of working in the perioperative environment in a broad range of roles. She has held a number of senior posts as a team leader and a clinical educator.

She is currently the Training and Development Co-ordinator for the anaesthetic directorate at Lancashire Teaching Hospitals NHS Foundation Trust. Within her current role she supervises and supports pre-registration student nurses, trainee ODP's and qualified practitioners in the clinical area.

Sandra has been actively involved with AfPP for many years and has been a regional team lead, trustee and sits on the current governance committee. Outside of work she is a mixed media artist, enjoys going to the gym, working on her allotment and spending time with friends and family.

### **Introducing – Adrian Jones. Trustee**



With over 41 years of clinical of military and civilian, operating theatre nursing experience. He is a recognised leader, academic, friend and colleague of those undertaking advanced Surgical Care Practitioner role in the UK; as the surgical care team continues to develop our country. He brings this experience and knowledge to our board, future development of education resources, online webinar education and charity objectives.

“It’s been a joy and pleasure to have met African colleagues, during our recent webinars, share education and grow together!”



### **Julia Lea - Treasurer**

Julia is a qualified chartered accountant with over 20 years of experience. She has worked in practice for KPMG and Deloitte and now works for Alliance Automotive UK as their Group Mergers & Acquisitions manager having moved from Wm Morrison Supermarkets Plc. Julia is based in their head office in Bradford using her financial experience to help them acquire at least 12 businesses a year.

### **Patrons**

We are most grateful for the support of our patrons, who enable us to reach communities and contacts outside our usual circles. Their role is as ambassadors for the charity.

### **John Heath – patron**

John started his publishing career in 1986 at Benn Publishing selling classified advertising on Packaging Week. In 1987 he moved to Macmillan Publishing



where he progressed to become group advertising manager for the Health Service Journal, Therapy Weekly and Social Work Today.

He left in 1990 to set up JMH Publishing Ltd and launched the National Association of Health Authorities and Trusts (NAHAT, now the NHS Confederation) NHS Handbook. 1998 John saw the opportunity to develop a similar Handbook for the pharmaceutical industry and launched the Wellards Guide to the NHS and Medicines, the Guide became an instant success and grew into The Wellards Academy until it was sold to Wilmington in 2016.

### **Denis Robson - patron**

Denis Robson enjoyed a 40 year career with global healthcare company Johnson & Johnson where he held several senior management positions with responsibility for business in Africa and the Middle East. Latterly he served as part of the African Corporate Social Responsibility team with responsibility for health workforce training. He now actively serves on boards and committees that are dedicated to improving access to surgery and the treatment of mothers with childbirth injuries.

### **Educational Activity in 2022**

Due to the experience last year of running on-line conferences, we were determined in the absence of travel, to hold further conferences and enjoy the novelty of many delegates from countries, not only not in Africa but whom we had not had contact with before! We hope to maintain these contacts.

We held one in June 2022 with the theme of health, safety and the well-being of patients and staff. We were delighted to have more than 150 delegates register and a wide range of speakers not only from Africa but also UK and Canada.

However due to the expense of engaging a professional conference organiser, we decided we would run the final event of the year, by ourselves. We used Zoom and the theme was Teamwork, safety culture and clinical crisis management. It evaluated very well.

## Charity Income and Expenditure

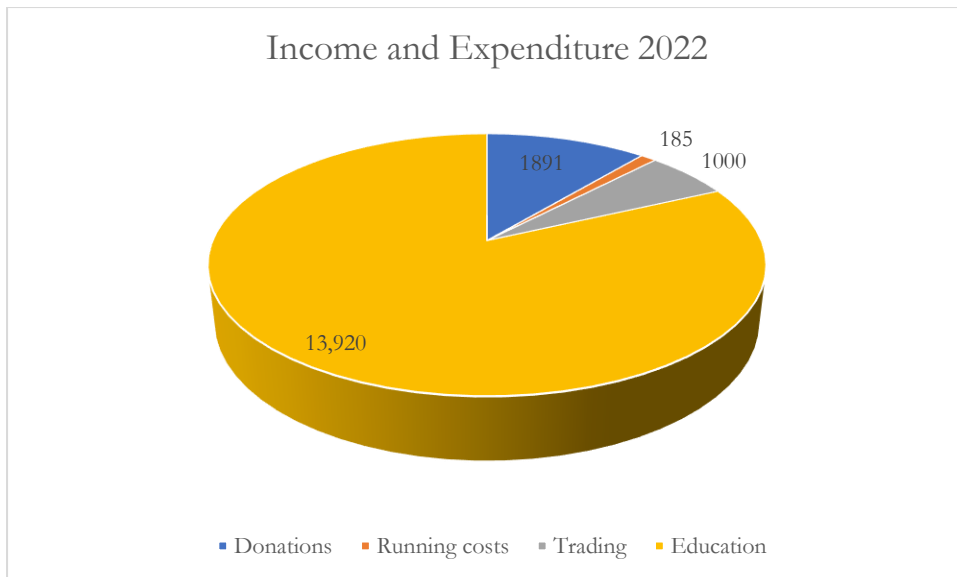
2022 was a quiet year, with few opportunities to raise funds and we had hoped to run a number of events, but they had to be cancelled. We did however attend the AfPP Conference in September and raised some funds in their exhibition. However, we maintain a healthy balance in the bank due to the generosity of our patrons and members and the efforts of trustees to raise funds where possible.

## Sales

During 2022 we had few opportunities for fundraising. Once again, we created a calendar to raise the profile of FoAN. The calendar is kindly donated by John Heath as a contribution in kind. He is thanked for his generosity and continuing financial assistance to us. Cards designed and donated by Lesley, which she continues to contribute, sell well. She is thanked for her ongoing support.

Items are usually purchased from Africa so that we have a flavour of the continent on each of our sales stalls, obviously this has suffered from FoAN not travelling but equally we have had few sales opportunities during lockdown.

		<b>2021</b>	<b>2022</b>
<b>1</b>	<b>Donations and Membership</b>	<b>£5,964</b>	<b>£1,891</b>
<b>2</b>	<b>Charity running costs</b>	<b>£284</b>	<b>£185</b>
<b>3</b>	<b>Trading income</b>	<b>£1832</b>	<b>£1,000</b>
<b>4</b>	<b>Educational costs (conferences x2)</b>	<b>£9,654</b>	<b>£13,920</b>



### Thanks and acknowledgements

A huge thank you to all who have continued to support the efforts the trustees make to enable us to meet our charitable objectives. During a year when the pandemic has reduced charity fundraising activities, trustees have continued to ensure the continuation of the organisation by updating essential documents. Technology has been explored to assist in getting the educational messages out. Conferences are not the ideal delivery of training as there is no opportunity to check understanding, but it is far better than nothing at all! However, the above chart shows that it is not without consequences to a small charity. Engaging a conference organiser is an expensive process although the effort for trustees is a great deal less and it all runs smoothly.

A huge debt of gratitude is also owed to all those who give up time and expertise to support and ensure the development of quality surgical care in Africa. Thank you too to all those who continue to support the charity with financial donations – it is enormously appreciated!

Kate Woodhead.

June 2023

## FOAN Income & Expenditure account

### General Fund

	31/12/2022	31/12/2021
	£	£
<b>Voluntary Income</b>		
Events	-	1,374
Donations	1,046	5,074
Membership	845	890
Other	-	-
	<u>1,891</u>	<u>7,338</u>
<b>Activities for Generating Funds</b>		
Bags	155	
Cards	199	
Calenders	526	
Masks	120	
	<u>1,000</u>	<u>546</u>
Interest Received	3	1
Sundry (refund postage)	-	-
	<u>3</u>	<u>-</u>
<b>TOTAL INCOME</b>	<u><u>2,894</u></u>	<u><u>7,885</u></u>
<b>Purchases For Generating Funds(adj.for stock)</b>	<u>279</u>	<u>(24)</u>
<b>Governance Costs</b>		
Postage	48	171
Stationery	-	12
Website Maintenance	106	80
Bank charges	17	3
Foreign exchange	14	(18)
E-Conference costs	13,920	9,654
	<u>14,105</u>	<u>9,903</u>
<b>Grants &amp; Donations</b>		
Charitable Activities	216	24
	<u>216</u>	<u>24</u>
<b>TOTAL EXPENDITURE</b>	<u><u>14,600</u></u>	<u><u>9,903</u></u>
<b>EXCESS OF INCOME OVER EXPENDITURE</b>	<u><u>(11,706)</u></u>	<u><u>(2,018)</u></u>

