

Visit to Lesotho May 2017

Friends of African Nursing (FoAN) made its fourth visit to Lesotho, to facilitate a perioperative workshop which was financed by the charity. The workshop focused on the Anaesthetic and Recovery phases of perioperative care, taking into account emergency situations related to them. The delegates who attended our workshop in April 2013 requested that it repeated for other colleagues.

The Workshop was held at The Hotel Victoria Maseru, Lesotho.



The group at Hotel Victoria, Maseru, Lesotho

Feedback from the delegates was very positive. They felt that the Workshop was educational, informative, enjoyable and relevant to clinical need. As a result the objectives of the Workshop were achieved. Delegates also felt that the knowledge gained would be beneficial in improving and enhancing patient care delivery in the Operating Theatres of their respective hospitals. Information gained could be shared with other health professionals.

Many referrals were made by delegates to the benefit of the information gained from the presentations on documentation, accountability, communication and use of Acute Life Threatening Events Recognition and

Treatment (ALERT) principles in emergency situations and safe practice would have in the future on their care delivery.

The presentations of the WHO Safer Surgery Checklist and Competence Assessment generated many questions and we felt that delegates would endeavour to make implementation a reality in their respective hospitals sooner than later. The interactive practical sessions were very well received and all delegates had the opportunity to take part in the variety of emergency scenarios.

Some of the statements made by delegates:

“It was a very fruitful workshop, it has added so much on professional knowledge. It has also made it possible to take a lot back to facilities, knowledge and skills to share with colleagues”

“ The Course improved my understanding of the subjects so well that the checklist and part of it will not only apply to my theatre work only”

“ It was the best refresher Course ever, the learning environments conducive, one was able to express him or herself”



Group Work at the Perioperative Workshop, Maseru, Lesotho

We received messages of thanks for our support to on-going education of Theatre Nurses from the Minister of Health, Director of Nurse Education and a representative from the World Health Organisation.

Ali Herbert

Dot Chadwick (FoAN Trustee)

May 2017